

## Learning Grid – Lyra and Aquila Class

When you see 'Learning Grid' on your timetable, you can choose one of the activities below:

### Spring 1

#### Think like a Historian

Find out what and when the blitz happened:

[The Blitz - BBC Teach](#)  
[World War Two - BBC Teach](#)

Choose one of the 8 lessons below from Oak Academy on World War 11

[Unit - Oak National Academy \(thenational.academy\)](#)



#### English

Read this diary entry written by 16-year-old evacuee, Irene:

[BBC - WW2 People's War - My Mum's Diary as an Evacuee Aged Sixteen Part 1](#)

Now write your own diary entry as an evacuee who has been moved to safety in the countryside of Wales.

[World War 2 Evacuation - BBC Teach](#)



#### Let's Get Physical!

Can you compete with these football legends – how many can you do?

[Football Stars Juggling with Toilet Paper Skills & Fails - YouTube](#)



Ready, Steady, Workout – put your trainers on and some great music:

[Your School Games - Ready Steady Go Workout](#)

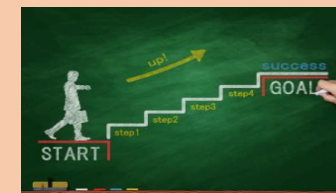
#### Blitz Silhouette Art

Silhouette art is simple to make but creates a very effective piece of work! Start by creating a bright or colourful background, then choose a silhouette to lay over it. Cut your silhouette out in black paper or card and lay it over your background to create a striking piece of art! Here are some examples:



#### What are your aspirations?

Write a letter to your teacher explaining what your goals and dreams are for 2022.



#### Calm your mind

Mindfulness activities

Download the free smiling mind app here:

<https://www.smilingmind.com.au/>

Or try one of these guided meditations for kids:

<https://www.newhorizonholisticce ntire.co.uk/kids-meditation.html#>

### Spring 2

#### Think like a Geographer

Building locational knowledge – the United Kingdom:

[Unit - Oak National Academy \(thenational.academy\)](#)



Keep a diary of your time in self-isolation. You can include:

- How you feel
  - What you've been doing
  - What you are looking forward to doing after self-isolation finishes
- Illustrate your diary with pictures, newspaper articles or interesting things you find

#### Gymnastics and Dance

Gymnastics with Max Whitlock:

[DFS | British Heart Foundation | Max Whitlock 13 Minute Workout - YouTube](#)

Dance yourself happy:

[Just Dance 2015 - Happy Pharrell Williams Gameplay - 5 Stars Rating \[ HD \] - YouTube](#)

#### Make your own gas mask

[Year 6W: Making your very own gas mask...](#)

<https://corpusyear6f.blogspot.com>



#### Staying Healthy

Learning about how exercise and how eating certain foods affects my body:

<https://classroom.thenational.academy/lessons/life-is-all-about-balance-crwk6r>